

# Social Action Handbook 2020

Directories and guidance

**Commission Social Justice Team** 

## Welcome

This handbook gives a wonderful summary of all the amazing social action that is happening every week across churches in the Commission family. It contains much useful information so please make it available to others in your church.

One of the benefits of being part of a church family is being able to share experience and skills easily, or access others who might be further ahead in their journey. Perhaps you are looking to get started in a particular area of social action, or perhaps you have hit some challenges, or simply looking for inspiration. Why not think about connecting with other churches who are doing similar work to you?

While it is our hope that you find this printed copy a helpful resource, there is a digital version available in the Commission Digital Resource Hub. Here you will find more information on lots of other topics relating to social action and church life. If you spot any corrections or want any updates made to what your church is doing, then please do get in touch at office@commission.global

Finally, we all love a good story...why not think about sharing what is happening in your church social action with the wider Commission church family? We love to share stories about what is happening. Remember a good story is not always a 'success story' – we can learn from where we have hit challenges or when things have not gone as expected. We'd love to hear from you.

## Contents

Church Directory	5
Directory of Projects in Commission	13
Churches Helpful organisations	25
Guide to accessing funding	31
Guide to building community partnerships	37
Training Courses Available	45



## A word from Guy

My dear friends

I'm thrilled to see this handbook and all the helpful content that I pray will enable all our churches to see more lives transformed every day. Heather and I have a deep rooted compassion for the vulnerable and those living in poverty. In the few years of walking the streets of London Victoria we have seen a dramatic rise of the numbers of sad and frightened people living on the streets and we feel this mixture of compassion and desire to see change.

I am reminded of our Kingdom mandate outlined in Isaiah 61, and then repeated by Jesus in Luke 4: "The Spirit of the sovereign Lord is upon me, because He has anointed me to preach good news to the poor. He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from darkness for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favour"

I would encourage you to read through this handbook, keep it close to your desk and refer to it often. We have a deep well of resource and experience in our churches, so do make use of the training opportunities that are available, and be inspired by all that God is doing through our churches.

With love and grace

Guy



# Directory of churches

We hope that the following section will give you an idea of the brilliant variety of social action projects that our churches are involved in. Feeling inspired? Why not get in touch with them?

Church/Town/ Email	Projects run by church	Involvement	Future projects
Alton, Harvest Church admin@ harvestchurchalton.org	One Way drop in centre; Lighthouse - group for adults with learning and physical challenges; mum's and toddlers group.	Alton Foodbank; Alton Town Pastors; CAP Money courses; and Freshstart.	Support for those with anxiety and depression; Youth project with Kings Arm Petersfield.
Ascot, Life Church admin@ascotlife.church	Community Lunch; Hope in Depression course	Foodbank	CAP
Bagshot, The Brook Church office@brookchurch.uk	The Brook Mums and Babies Group; Saturday Coffee Morning,	The Besom - Foodbank	
Basingstoke, Gateway ed@gatewaylife.co.uk	A CAP Debt Centre and M68 network (Wellbeing and Mental Health; the Isolated & Elderly; and Adoption and Fostering).	Adoption and Fostering support network.	Other CAP services; Outreach into Care Homes.
Beaconsfield, Hope Church office@ hopebeaconsfield.co.uk	Foodbank; Job Club; Schools mentoring		

Church/Town/ Email	Projects run by church	Involvement	Future projects
Billingshurst Family Church sue@ billingshurstfamily. church	Care Home Friends; Toddler Group; Ignite Youth Group; CAP Money courses.	Horsham Foodbank; Seniors Lunch Club, Messy Church; Street Pastors	
Bournemouth, Citygate Church tim@citygatechurch. net	Meal for homeless people (Compassion+).	Transform addiction (Teen Challenge); Sleepsafe (Faithworks, Bournemouth)	Housing provision. Return-to-work skills
Bristol, City Church andy.cottingham@ citychurch.org.uk	Street life; City Hands; Bristol Churches City Night Shelter; 'Encounter Meeting'; Sheltered Housing outreach project; Little Elms mother's and toddlers.	Beloved (vulnerable women)	'Encounter' - church service for the disadvantaged
Camberley, The Beacon Church, info@beaconchurch. co.uk		Frontline Debt Advice; Transforming Lives for Good - Early Intervention Coaching Programme; BESOM - foodbank, Street Angels; Hope Hub (Homeless Prevention Charity)	Addiction Recovery

Church/Town/	<b>Projects run</b>	Involvement	Future
Email	by church	mvorvement	projects
Chichester, Bognor Regis, Midhurst and Havant, Grace Church info@ gracechurchtogether. org.uk	Ford Prison Ministry; Little Bears Mother and Toddler Group; Tuesday Group (Accessible church); CAP Money. Regional CAP Lifeskills.	Chichester Angels (Chichester Street Pastors); Ford Forward (Offender resettlement and reintegration); Options (Pregnancy Crisis Centre); Foodbank (Trussell Trust); Child sponsorship and Philippines child survival unit (Compassion)	Publicly available 'accessible toilet and adult change' facility.
Christchurch, GodFirst office@godfirst.church	RhymeTime (Parent and Toddler group)	Foodbank; Furniture bank; Debt Advice (Faithworks); Food Festival; Christmas market.	
Cowfold, Weald Community Church churchoffice@weald. org	Toddler group; Seniors.	Village café with other churches	
Dorchester, Family Church ben@dfc.org.uk	Weekly Toddler group, Love Dorchester (social action team), Heart Response (fundraising for projects in Romania - via a local church)	Local churches food parcel programme (Summer holidays and Christmas)	CAP debt centre
Dorking, NewLife Church harding.family4@ googlemail.com		BeMe project - Self esteem course for girls & women (NHS); Men's Shed Dorking.	

Church/Town/ Email	Projects run by church	Involvement	Future projects
Eastleigh, Junction Church davelockyer@ junctionchurch.org.uk	Pop-in- tots group; Messy Church; Hot Pot -free community meal; Coffee mornings for learning disabled adults	CAP Debt Advice & Money courses; Basics Bank (food bank); Street Pastors; Fledge (supported housing for under 24's)	
Epsom, The King's Church Segun@ thekingschurch.org	CAP Fresh Start Course; Parents and Toddlers group	Meeting Room - meals for homeless; Food Bank; Hope into Action - housing vulnerable people	Soup Kitchen - how to cook affordable and healthy meals; ESOL
Exeter, Grace Church scott@ gracechurchexeter.org	CAP Money courses	Local Foodbank	
Exmouth, Hope Church office@wearehope.org	Picnic and Play for mums and toddlers	"Open Door" Exmouth cafe for lonely; homeless etc; ICE project; Night shift (Street pastors); Men's Shed	Seniors' Tea
Farnham, Aldershot & Bordon office@jubilee.church	Chattabox toddler groups, Kids Klub, Alpha	Farnham Christian Community Trust Foodbank; Parenting Puzzle; Bereavement support; Schools work; Frontline Debt & Finance advice	FCCT Counselling Centre
Fordingbridge, New Life Community Church  office@ newlifefordingbridge. com	Game On - Board game session (elderly & vulnerable); Baby Massage; CAP Life Skills.	Bereavement - Training & Understanding; Holiday at home for low income & vulnerable families.	Cancer support group

Church/Town/ Email	Projects run by church	Involvement	Future projects
Guildford, Centrepoint Church chris@ centrepointchurch.org.uk	Toddler Group in Care Home.	Foodbank; Street Angels; Matrix Trust - gardening across city; Friends International - support and befriend international students; HOST -local Homeless charity; Star Chase; CompassionUK; Kiberia Safehouse.	CAP Fresh Start Expand Toddler Group in Care Home initiative.
Honiton & Sidmouth, The Community Church stevem@ thecommunitychurch. co.uk	Food Bank, Debt Advice; The Hub (drop in for adults with learning disabilities); Walk the Talk (mentoring support for people with addictions; homeless, domestic abuse etc.); Many Hands (volunteer teams for gardening, moving house etc.)	Sidmouth YMCA (café and drop in); Hospicecare, Foodbanks in Honiton, Sidmouth & Ottery St Mary; Commission India (Training and resourcing); Choma orphanage (Zambia).	
Hook, Life Church david.grant@ lifechurchhook.org	Junction 5 Money Advice	Hart Foodbank; Citizens Advice Bureau	
London, Westminster Chapel office@ westminsterchapel.org	Foodbank, CAP	Toddler group	Community Café
Newbury, Bridge Church, mark@ bridgechurchnewbury. co.uk	CAP Debt Centre	'A2 Dominion' women's refuge, Street Pastors; Food Bank; Bus of Hope; WB Homeless,	

Church/Town/ Email	Projects run by church	Involvement	Future projects
Odiham & Fleet, The Vine Church admin@thevinechurch.org.uk	Sunflower Café (Dementia); Youth Club Church Crookham	Foodbank collection point	KidzKlub 2020
Poole, Vine Church operations@ vinechurchpoole.com	Parent Toddler Group link with local dementia Care Home; Hub in Turlin Moor -Tea & Toast for local parents.	Poole Food Bank, Turlin Moor Youth Group,	
Portsmouth, ChristCentral Church info@christcentral. church	Christmas Hamper project (for local residents). 'LovePortsea' gardening project.	City of Sanctuary (for people fleeing violence and persecution)	Return to work project (volunteering in Christian Bookshop)
Ringwood, The King's Church admin@ kingschurchringwood. co.uk	Lifestyle Club - well-being for 50+ ; Christmas Lunch for the lonely and vulnerable	Foodbank collection point; Bournemouth Health Bus, Homelessness project -with local churches	Initiative with the homeless-installing showers in building
Salisbury & Amesbury, Grace Church office@gracechurch.org	Parish nursing; Christmas Day meal		
Selsey, East Beach Church office@ebec.org.uk	Care Home Visits (weekly), Food Bank Collection, Monthly Lunch Club, Monthly Tea and Chat	Community 'ResBite' Tea (Dementia awareness group); 'Return to Sunday School' meeting, Christian Tea shop; Snak Shak teen youth club; Poverty Action; Parenting courses	Help for families -parenting support, money management, life skills etc.

Church/Town/ Email	Projects run by church	Involvement	Future projects
Shepperton, Jubilee Church info@jubileechurch shepperton.org	Debt Advice Centre Mental Health Drop- in Cafe; 'Bags of Food' - food bank; Addiction Recovery Group; New Parent Support Group; Toddler Group	Primary School Mental Health Support Group 'East to West' - supporting vulnerable local children and their families. Local School supporting Parents' with Mental Health issues	Partnering with Compassion UK
Southampton, Life Church info@ lifechurchsouthampton. org	Breakfast Club Little Life Toddler group; Recovery course (addictions); Home for Good (adoption & fostering); CAP Befrienders; Life Support Fund (loans, grants, gifts for needy folk)	Outreach to sex workers; Street Pastors	CAP Debt Centre & other possible projects
Sunbury, Open Door Church	ESOL classes; Toddlers groups x 2, elderly Meet up Club; Youth Group; Kidz Klub	Foodbank (St Saviours Church)	Community Lunch; Homeless Project
Torquay, The King's Arms Church office@ kingsarmschurch.org.uk	Prison Ministry; 'Peaced Together' (course for Women); Toddlers	Home for Good; Anger Management	Coffee Morning; Support groups for adopter / foster parents
Verwood Family Church office@ verwoodfamilychurch. org.uk	Bus outreach; Hope cafe	Foodbank; Fareshare food collection; Messy Church with Salvation Army	Purchase of specially adapted bus
Weymouth Family Church office@ weymouthfamilychurch. org.uk	Soup Run; Community Youth Group	Street Pastors	ESOL

Church/Town/ Email	Projects run by church	Involvement	Future projects
Wimborne, Good News Church office@goodnews- church.co.uk	Wimborne Folk Festival Care Team; Breakfasts (bi- annual), Carol service, youth w/e away and socials.	The Streetlight Centre- Christian community skate park; Wimborne Folk Festival stall; Wimborne Children's Parade for Save the Children; Wimborne Food Bank donations	Enhance links with Wimborne Food Bank; serve elderly community
Winchester, Hope Church office@hopewinchester. org	CAP Debt Centre; Soup Service	Winchester Street Pastors; Winchester Pregnancy Crisis Centre	
Woking, Welcome Church dean.guy@allwelcome. uk	Welcome Meal for homeless and vulnerable; International Café ESOL; The Useful Wood Company- A Social Enterprise; CAP Debt Centre; Families Together support group; Bereavement Support; 'Welcome Tots' parent and toddler group; Restore and Rebuild - Post Abortion Support; Compassion UK sponsorship.	Prison work in two local Prisons; Besom -furnish and refurbish homes; Foodbank local centres network; Street Angels;	CAP Money Course; CAP Fresh Start; CAP Job Club; ESOL.
Yeovil Family Church andy@ yeovilfamilychurch.org	Community Café; 'Start to Cycle' groups		Extend Café to include seniors?

# Directory of projects

This section outlines all the different types of projects being run by Commission churches, with links to specific organisations.



Town/church	Project
Bournemouth, Citygate Church	'Transform' group for young people
Epsom, Kings Church	Fresh Start' group - for 'low key' addictions
Honiton and Sidmouth, The Community Church	Addiction recovery group
Shepperton, Jubilee Church	Addiction recovery group
Southampton, Life Church	Addiction recovery group

Useful resources: www.teenchallenge.org.uk, www.capuk.org (Fresh Start), local rehabilitation services

# Community and safety wellbeings

Town/church	Project/involvement
Alton, Harvest Church	Streetpastors
Billingshurst, Street Pastors	Street Pastors
Bristol, City Church	City Hands practical household help for vulnerable people
Camberley, Beacon Church	Street Angels
Chichester, Bognor Regis, Midhurst and Havant, Grace Church	Streetpastors
Dorchester, Family Church	Love Dorchester (Social Action Team)

Town/church	Project/involvement
Eastleigh, Junction Church	Streetpastors
Exmouth, Hope Church	Streetpastors
Guildford, Centrepoint church	Street Angels; Matrix Trust - gardening across city
Honiton and Sidmouth, The Community Church	Many Hands (volunteer teams for gardening, moving house etc.)
Newbury, Bridge Church	A2 Dominion' women's refuge
Portsmouth, ChristCentral Church	City of Sanctuary (for people fleeing violence and persecution); 'LovePortsea' gardening project.
Selsey East Beach Church	"Tea and Chat" (weekly)
Southampton, Life Church	Breakfast Club; Street Pastors; Outreach to sex workers
Weymouth Family Church	Street Pastors
Wimborne, Good News Church	The Streetlight Centre- Christian community skate park; Wimborne Folk Festival stall; Wimborne Children's Parade for Save the Children;
Winchester, Hope Church	Street Pastors
Woking, Welcome Church	Street Angels
Yeovil Family Church	Community Café; Start to cycle

**Useful resources:** www.streetpastors.org, www.cinetwork.org, www.cityofsactuary.org, www.cyclinguk.org



Town/church	Project/involvement
Alton, Harvest Church	Money management
Basingstoke, Gateway Church	Debt advice
Billingshurst, Family Church	Money management
Camberley, Beacon Church	Debt advice
Chichester etc. Grace Church	Money management
Christchurch, Godfirst Church	Debt advice
Eastleigh, Junction Church	Debt advice
Exeter, Grace Church	Money management
Farnham, Aldershot, Bordon	Frontline Debt & Finance advice
Honiton and Sidmouth, The Community Church	Debt advice
Hook, Life Church	Debt advice
Newbury, Bridge Church	Debt advice
Shepperton, Jubilee Church	Debt advice
Winchester, Hope Church	Debt advice
Woking, Welcome Church	Debt advice

Useful resources: www.frontlinedebtadvice.org.uk, www.capuk.org, www.communitymoneyadvice.com

# Education, employment and life skills

Town/church	Project/involvement
Alton, Harvest Church	Lighthouse group for learning disabled people
Camberley, Beacon Church	School early intervention coaching
Chichester, Grace Church	Lifeskills
Dorking, New Life Church	BeMe self esteem for girls Bereavement training and understanding
Fordingbridge, New Hope Church	Bereavement training and understanding
Guildford, Centrepoint Church	Friends International supporting international students
Honiton and Sidmouth, The Community Church	The Hub: Drop-in for learning disabled adults
Selsey, East Beach Evangelical Church	Debt advice Return to Sunday School + parent courses
Shepperton, Jubilee Church	Primary school mental health support for children and parents; new parent support group.
Sunbury, Open Door Church	Debt advice
Torquay, King's Arms Church	Peaced Together group for women; Anger Management group
Woking, Welcome Church	English for speakers of other languages, The Useful Wood Company (social enterprise)

Useful resources: www.livability.org.uk, www.tlg.org.uk, www.capuk.org (CAP Job Clubs)



Town/church	Project/involvement
Basingstoke, Gateway Church	"M68 network", (Wellbeing and Mental Health, the Isolated & Elderly)
Billingshurst, Family Church	Care Home Friends; Seniors lunch club
Bristol, City Church	Sheltered Housing (Elderly) outreach project
Fordingbridge, New Life Church	"Game On" (board game for elderly and vulnerable)
Guildford, Centrepoint	Toddlers Group in Care Home
Honiton and Sidmouth, The Community Church	Hospice Care
Poole, The Vine Church	Toddlers Group in Care Home; Hub in Turlin Moor -Tea & Toast for local parents
Ringwood, The King's Church	Lifestyle Club, for 50+; Christmas Lunch for isolated and vulnerable
Selsey, East Beach Church	Care Home visits; Seniors lunch club; ResBite dementia awareness
Sunbury, Open Door	Meet-up club for elderly

Useful resources: www.livability.org.uk, www.faithinolderpeople.org.uk



Town/church	Project/involvement
Alton, Harvest Church	Mum's and Toddlers
Bagshot, The Brook Church	The Brook Mum's and Babies Group; Saturday Coffee Morning,
Basingstoke, Gateway Church	M68 network (Adoption and Fostering); Adoption and Fostering support network
Billingshurst Family Church	Toddler Group; Ignite Youth Group; Messy Church
Bristol, City Church	Little Elms mother's and toddlers.
Camberley, Beacon Church	Transforming Lives for Good - Early Intervention Coaching Programme
Chichester, Bognor Regis, Midhurst and Havant, Grace Church	Little Bears Mother and Toddler Group; Tuesday Group (Accessible church); Sponsorship through Compassion. Philippines Child Survival Unit
Christchurch, Godfirst Church	RhymeTime (Parent and Toddler group). Involvements:- Furniture bank, Food Festival, Christmas market.
Dorchester, Family Church	Toddler Group; Local churches food parcel program (Summer holidays and Christmas)
Dorking, New Life	Men's Shed
Epsom, King's Church	Parents and toddlers group
Exmouth, Hope Church	Picnic and Play for mums and toddlers; Men's Shed
Farnham, Aldershot, Bordon	Toddler groups; Parenting Puzzle
Fordingbridge, New Life Community Church	Baby massage; Holiday at home for low income / vulnerable families.
Guildford, Centrepoint Church	Toddler Group in Care Home; Star Chase (children's hospice); CompassionUK child sponsorship

Town/church	Project/involvement
Honiton and Sidmouth, The Community Church	Sidmouth YMCA café and drop in
Hook, Life Church	Citizens Advice Bureau
Poole, Vine Church	Parent Toddler Group link with local dementia Care Home; Hub in Turlin Moor -Tea & Toast for local parents. Turlin Moor Youth Group
Portsmouth, ChristCentral	Christmas Hamper project (for local residents)
Selsey, East Beach Church	Snak Shak teen youth club;
Shepperton, Jubilee Church	New Parent Support Group; Toddler Group; 'East to West' - supporting vulnerable local children and their families
Sunbury, Open Door Church	Toddler Groups (x2)
Torquay, King's Arms	Toddlers Group; Peaced Together- Course for women; Fostering and adoption support
Weymouth, Family Church	Community Youth Group
Wimborne, Good News Church	Wimborne Folk Festival Care Team; Breakfasts (bi-annual); Carol service; youth w/e away and socials; The Streetlight Centre- Christian community skate park; Wimborne Folk Festival stall; Wimborne Children's Parade for Save the Children
Woking, Welcome Church	Families Together support group; Besom -furnish and refurbish homes

Useful resources: www.compassionuk.org, www.careforthefamily.org.uk www.menssheds.org.uk, www.ymca.org.uk, www.homeforgood.org.uk



Town/church	Project/involvement
Alton, Harvest Church	Foodbank
Bagshot, The Brook Church	Foodbank
Billingshurst, Family Church	Foodbank
Bournemouth, Citygate Church	Meal for homeless people.
Camberley, Beacon Church	Foodbank
Chichester, Bognor Regis, Midhurst and Havant, Grace Church	Foodbank
Christchurch, GodFirst	Foodbank
Dorchester, Family Church	Local churches food parcel program (Summer holidays and Christmas)
Epsom, Kings Church	Meals for the homeless; Foodbank
Guildford, Centrepoint Church	Foodbank
Honiton and Sidmouth, The Community Church	Foodbanks in Honiton, Seaton, Sidmouth & Ottery St Mary
Hook, Life Church	Foodbank
Newbury, Bridge Church	Foodbank
Poole, The Vine Church	Foodbank

Iown/church	Project/involvement
Portsmouth, ChristCentral Church	Christmas Hamper project (for local residents)
Ringwood, The Kings Church	Christmas Lunch for the lonely and vulnerable; foodbank collection point
Selsey, East Beach Church	Food Bank collection; Poverty Action
Shepperton, Jubilee Church	'Bags of Food' - food bank
Sunbury, Open Door Church	Foodbank
Weymouth, Family Church	Soup run
Woking, Welcome Church	Meal for homeless people; Foodbank
Yeovil, Family Church	Foodbank

Useful resources: www.faithworkswessex.org.uk www.encountercamps.co.uk, www.besom.com, www.trusselltrust.org



Town/church	Project/involvement
Bournemouth, Citygate Church	Meal for homeless; Sleepsafe
Bristol, City Church	Street life; Bristol Churches City Night Shelter, 'Encounter Meeting'
Camberley, The Beacon Church	Hope Hub (Homeless Prevention Charity)
Epsom, The Kings Church	Meeting Room - meals for homeless; Food Bank; Hope into Action - housing vulnerable people
Guildford, Centrepoint Church	HOST homeless charity
Honiton and Sidmouth, The Community Church	Walk the Talk (mentoring support for people with addictions, homeless, domestic abuse etc.)

Town/church	Project/involvement
Newbury, Bridge Church	A2 Women's Refuge; West Berkshire homeless project; Bus of Hope (outreach with provisions for homeless etc.
Ringwood, The King's Church	Homelessness project -with local churches.
Weymouth, Family Church	Soup run
Winchester, Hope Church	Soup service
Woking, Welcome Church	Meal for homeless; Furnish and refurbish homes

Useful resources: www.hopeintoaction.org.uk, www.greenpastures.net, www.housingjustice.org.uk



Iown/church	Project/involvement
Bristol, City Church	Outreach to women caught up in indoor prostitution and modern slavery
Portsmouth, ChristCentral Church	City of Sanctuary (for people fleeing violence and persecution)

Useful resources: www.beloved.org.uk



lown/church	Project/involvement
Woking, Welcome Church	The Useful Wood Company - recycling wood and training for employment

## Prison Ministry and Resettlement

Town/church	Project/involvement
Chichester, Bognor Regis, Midhurst and Havant, Grace Church	Prison ministry in Ford HMP; Ford 'Forward' offender resettlement
Torquay, The King's Arms Church	Prison Ministry
Woking, Welcome Church	Prison work in two local prisons

Useful resources: www.prisonfellowship.org

## Refugees and asylum seekers

Iown/cnurcn	Project/involvement
Dorchester, Family Church	Heart Response (fundraising for projects in Romania - via a local church)
Guildford, Centrepoint	Friends International - support and befriend international students
Portsmouth, Christ Central Churches	City of Sanctuary (for people fleeing violence and persecution)
Shepperton, Jubilee Church	'East to West' - supporting vulnerable local children and their families.
Sunbury, Open Door Church	ESOL classes
Woking, Welcome Church	International Café ESOL

Useful resources: www.cityofsanctuary.org, www.refugeeresourcecentreforchurches.org.uk



## Town/church Project/involvement

Basingstoke, Gateway Church	M68 network (Wellbeing and Mental Health, etc.)
Dorking, New Life Church	BeMe project - Self esteem course for girls & women (NHS)
Fordingbridge, New Life Community Church	Game On - Board game session (elderly & vulnerable)
Poole, Vine Church	Parent Toddler Group link with local dementia Care Home
Selsey, East Beach Church	Community 'ResBite' Tea (Dementia awareness group)
Shepperton, Jubilee Church	Mental health drop-in café. Involvements:- Primary School Mental Health Support Group Local School supporting Parents' with Mental Health issues.
Woking, Welcome Church	Bereavement Support; Restore and Rebuild - Post Abortion Support

Useful resources: www.mindandsoulfoundation.org





Organisation	Service	Contact
Christians Against Poverty (CAP)	Fresh Start addiction help	<u>capuk.org</u> 01274760720
Faithworks Wessex	The Recovery course (addictions) etc.	faithworkswessex 01202429037
Keys Community Detox	Recovery course, providing training, expertise, materials and support with links to local church to provide loving community	keysuk.org 08006349638
Teen Challenge	Initiatives working with young people and addictions	teenchallenge.org.uk 01664822221
ISAAC (international Substance Abuse and Addiction Coalition	Network of and for Christians working with those with drug and alcohol problems; encouraging and equipping though conferences and networking	isaac-international.org



Organisation	Service	Contact
Faithworks Wessex	Support for rough sleepers, one parent families, etc.	faithworkswessex 01202429037
Health Bus (Bournemouth local)	Health and medical support to homeless people	healthbus.co.uk
Look Ahead (London)	Support to people with a learning disability, complex needs, mental health issues, care leavers, and homelessness	lookahead.org.uk 03330104600
Street Angels	Christian volunteers providing pastoral support to community nightlife	<u>cninetwork.org</u> 07725501465
Street Pastors	Christian volunteers providing pastoral support to community nightlife	streetpastors.org 02083302809
Pregnancy Centres Network	Networks to support Christian pregnancy advice work	pregnancycentresnet- work.org.uk
Power the fight	Equipping churches and community groups to engage with youth violence through training and resourcing	powerthefight.org.uk
Encounter Camps	Annual camps for vulnerable adults and families, and their church contacts	encountercamp.co.uk 02476225928



Organisation	Service	Contact
Christians Against Poverty	Debt advice, Money management group courses	<u>capuk.org</u> 01274760720
Community Money Advice (CMA)	Debt and money management advice and help	communitymoneyad- vice.com 01743341929
Frontline Debt Advice	Debt and welfare benefits advice	frontlinedebtadvice.org

# Education, employment, and lite skill or

Organisation	Service	Contact
PACE Schools Work	Support and training for schools work	<u>pacetrust.org.uk</u> 07375672098
Transforming Lives for Good	Equipping and supporting local churches to support children who are struggling in education, and to provide meals and activities in school holidays	<u>tlg.org.uk</u>
Christians Against Poverty Job Clubs	Support for unemployed people as they seek work or training	<u>capuk.org</u> 01274760720



Organisation	Service	Contact
Linking Lives	Supports churches and local groups to establish and run visiting and befriending services to isolated and vulnerable older people	linkinglives.uk 03003020225
Younger4Longer	Church based exercise and friendship groups for older people	younger4longer 01202888493
Faith in Later Life	Inspiring and equipping Christians to reach, serve and empower older people in our communities	faithinlaterlife.org 03003038405
Care Home Friends	Equips churches to tackle loneliness of the elderly in care homes	carehomefriends.org.uk

# Prison ministry and resettlement

Organisation	Service	Contact
The Prison Fellowship	Range of services enabling volunteers to support prisoners	prisonfellowship.org.uk
	and their families	02077992500
Clean Sheet	Provide individual support for men and women to gain sustainable employment on leaving prison	cleansheet.org.uk 03001233045

# Family and children's supporter

Organisation	Service	Contact
Safe Families for Children	Partners with churches to offer support to vulnerable children and their families	safefamiliesforchildren. com 03334141488
Sure Start	Local centres dedicated to supporting families and children	gov.uk/find-sure-start- childrens-centre
Urban Saints	Gospel centred clubs for children - formerly Crusaders	urbansaints.org 01582589850
Restored Relationships	Support for women experiencing domestic violence; resourcing Christians to respond and end violence against women; calling men to stand against domestic violence	restoredrelationships 02039063922
ROC (Redeeming our communities)	Supporting families and strengthening communities via mentoring vulnerable and at-risk young people and their families	roc.uk.com 01613934511
Care for the Family	A national charity which aims to promote strong family life and to help those who face family difficulties	careforthefamily.org.uk



Organisation	Service	Contact
The Clewer Initiative	Raises awareness, identifies victims, and provides support through local groups recruited through churches	theclewerinitiative.org
One25 (Bristol local)	Outreach to women in street prostitution (Christian values)	one25.org.uk 01179098832
Beloved (Bristol local)	Christian outreach to women in indoor prostitution	beloved.org.uk

29

# Refugees and asylum seekerses

Organisation	Service	Contact
Open Doors International Language School	International language school, English language courses, ESOL courses, help to refugees	odils.com 01752258771
City of Sanctuary	Local groups supporting local refugees and asylum seekers	cityofsanctuary.org 01138800002
British Red Cross	Range including first aid training, emergency medical help, refugee help etc.	redcross.org.uk 03448711111
Welcome Churches	Equipping churches to befriend and welcome refugees and asylum seekers	welcomechurches.org 01332498041
R2C2 Refugee Resource Centre for Churches	Go to website for all the contacts, information and organisations working with refugees	refugeeresourcecentre- forchurches.org.uk



Organisation	Service	Contact
Acumen cic	For existing or would be social entrepreneurs; support and advice	socialenterpriseacumen. co.uk 01913869785



Organisation	Service	Contact
Jubilee+	For further information all the issues above, and all the Christian Social Justice, social action and social enterprise in the UK	jubilee-plus.org

# Guide to accessing funding

#### Where to begin?

Writing a funding application for the first time can seem a bit daunting, where do you begin? Well to start with let's paint the scene: according to the Association of Charitable Foundations there are more than 10,000 trusts and foundations in the UK giving away more that £2 billion in grants every year. That's an amazing amount of money and as a registered charity there is probably no reason why you shouldn't get a slice of it.

However, being successful with a funding bid is not always easy and there are a number of challenges to overcome. It can also be quite unpredictable with an application you consider to be outstanding being rejected and another that you quickly put together on the back of an envelope being successful. There can sometimes seem to be a mystery to it all and frustratingly it may not always be down to the quality of your application. It may be that the trust has recently funded a similar application or even a very different one but from the same geographical region.

Although £2 billion is a lot of money, in 2017 there were 168,237 charities listed in England and Wales. That means that on average each charity could receive just under £12,000 each year. However, it doesn't work like that with some charities receiving vast amounts and with some charities not receiving any. The reality is that most charitable trusts don't have enough money to support every good cause that meets their specific criteria and there is often fierce competition from charities all asking for support for their individual good cause.

#### Who should I apply to first?

One of the first questions often asked is how do I know who to approach for funding first? There are a number of ways to identify potential funders. Firstly, some local Council Voluntary Services (CVS) have funding officers whose job is to support charities to obtain funding from trusts and foundations. If so they are often a great place to start. They might be able to suggest who to apply to, provide useful training and may be able to give you specific advice as to how to write your application. To find details of your local CVS go to <a href="https://www.navca.org.uk/find-a-member-1">www.navca.org.uk/find-a-member-1</a>

Another source of information is through the Directory of Grant Making Trusts which is published annually by the Directory of Social Change. This is not cheap to buy (at the time of writing, £140.68 from Amazon) but may be available to borrow from your local CVS.

Alternatively, there are a number of websites that contain similar information. Their advantage is that (hopefully) their information will be kept up to date and several of them email a monthly update. You can also do a search on their websites to identify potential funding. Funding Central is perhaps one of the most comprehensive sites available. It is free to charities with a turnover of less that £100,000 a year and costs £120 for 12 months for charities with a larger turnover www.fundingcentral.org.uk

#### **Getting started**

OK, so you have selected the trust you want to apply to, what next? The first thing is to is to read everything you can about the trust or foundation (usually from their website), looking particularly at their priorities and their application process. At this stage it might be good to write some notes – write down any criteria, any priorities and anything else that you think might be significant. Particularly watch for any specific criteria – do they only fund charities with a turnover less than (or more than) say £250,000? Do they particularly like supporting charities perhaps in the northeast?

There could be all sorts of specific conditions and if you miss them and don't qualify your application will be rejected immediately. Make a note of any special interests, perhaps writing them down word for word, it is always good if you can quote their application requirements back to them.

A points to remember as you complete the application:

- **1. Answer all the questions** sounds silly, but it is easy to be stuck on a particular question, mean to come back to it later but forget.
- 2. Watch out for any space limitations if it says that your application should be no longer than three sides of A4 or you only have 250 words to answer a particular question then keep to their limits. Some applications have a word count (or even a character count) that decreases as you type. If it doesn't then it might be good to type your answer into Word, which has a word count, and then cut and paste your answer into their application.

- **3. Use your best English** it might not be an English exam, but your use of words does matter. Watch your spelling, grammar and punctuation. If English language is not your strong point, then ask someone else to check it over before it is submitted.
- **4. Make sure any figures are correct** if a budget or costings have to be included, then make sure the figures all add up. Again, its easy to make a typo or to change one figure and forget to change the totals.
- **5. Get everything together** gather together any other documents that have to be submitted with the application. These might include your annual report or perhaps your safeguarding policy. Whatever they ask for don't forget to include.
- **6. Submit it in the format they ask** some trusts have an on-line application process, some want it emailed to them and still others want a hard copy in the post. Again, give them whatever they want. Don't forget to sign it if that is required and send any attachments that they require.

#### Check before you submit

Completing an application form can become a fairly long process and once it is finished it can be tempting to send it off straight away – don't! Your application needs to be checked thoroughly before it gets submitted. Firstly, make sure you read through it again carefully to look for any obvious typos or mistakes. It is sometimes best to take a break and return to it later when you are fresh.

Once you are happy with it, it is good to ask someone else to look it over as well. This could be someone else from your organisation who knows all about your project or someone else who can look it over dispassionately with a fresh pair of eyes. Both have their advantages – someone who understands might spot something that you have forgotten to include, while someone without that link might see something that you think is obvious but that you need to explain more fully. Some CVS will look applications over free of charge, while other bid-writing consultants will check them and perhaps charge a small fee.

## What happens next?

What happens next will depend upon who you are applying to. Some will give you a decision in a few weeks, others will take several months to get back to you. Rather annoyingly there are still a few smaller trusts who won't even tell you if you are not successful, they will only contact you if they have good news.

If it's bad news and you eventually get the standard "thank you but no thank you" letter/email, how should you respond then? Firstly, don't despair and don't take it personally! It is natural to be disappointed but remember it might have been a really good application and its failure to be accepted may not be anything to do with you. Trusts often say that they are heavily over-subscribed and have to turn down many good applications – that could include yours. Do ask for feedback (although many trusts won't give any) and where it is given try to learn any lessons you can.

If it is good news and they have agreed to fund your project, then what then? Well firstly congratulations! Brilliant news and well done! Make sure you acknowledge the grant and perhaps send a thank you card or letter. Do make a note of any monitoring or evaluation that is required and make sure it is sent off on time. Perhaps also consider sending them an interim report or newsletter to keep them informed of how things are going.

#### Some other points on trust fund applications:

- 1. Build relationships one of the keys to every aspect of fundraising is to build a relationship with the donor. That includes trusts and foundations. Although it is not always possible, try to think creatively of ways to communicate with them. Do everything you can to get to know them and to enable them to get to know you. If you can get them to visit your offices, see the services you provide, and perhaps meet your volunteers or even clients then that is better still.
- 2. Asset Based Community Development (ABCD) some of the larger trusts, including the National Lottery Community Fund, talk about "Asset Based Community Development" or ABCD. This is an important way of thinking and sees the recipients of community projects as participants rather than as consumers. They become the focus and services are provided with them rather than done for them. There is not room to discuss this fully here but there are numerous websites that give more information including <a href="https://www.nurturedevelopment.org/asset-based-community-development">www.nurturedevelopment.org/asset-based-community-development</a> and <a href="https://www.nurturedevelopment.org/asset-based-community-development.org/as
- 3. Consultation and demonstrating need many applications will ask for information about how you know there is a need for your project, and some will ask about how you have consulted with the beneficiaries. The best time to think about this is at the very beginning and if you are only starting to think about it when you are writing an application then it may be that the application will need to be put on hold until you gather the information. Some funders talk about importance of involving the beneficiaries in the design, development and delivery of the project. If you need help with this then again try your local CVS.

#### Some other points on trust fund applications:

- 4. Outcomes, Outputs and Impact applications will sometimes ask about some or all of these but what is meant by each term? Outputs are the immediate results which stem from your activities. They are usually tangible and measurable such as numbers of people participating in an event, number of sessions held. Outcomes are the changes that your project will deliver over time to address the needs you have identified. They are a result of what you do, not the activities or services you provide. Examples could include improved health, new skills learned, more confidence, less isolation. The impact is the demonstrable contribution to the wider society. Examples include improved levels of health, greater prosperity and higher educational attainment.
- 5. No faith-groups allowed sometimes Christian charities are put from applying to trusts and foundations because they think they will not fund faith-based activities. In the list of exclusions, it will often say that they will not fund "the promotion of religion", "religious activities" or "religious proselytising". However, the work of many faith-based charities is unlikely to come under any of those headings. If the genuine number one aim is to support people in their journey out of debt (or whatever), then that is not promoting religion, a religious activity or religious proselytising, it is wanting to help people in a very practical way and may be something that the trust is very interested in.

### Other Sources of Funding

#### **Individual** giving

This could be through one off gifts, regular standing orders or as a result of sponsored events. If you speak to a new group of people then this needs to be a part of your "ask" with some easy literature available including standing order and gift aid forms. Every individual who does give should be invited to complete a gift aid form.

When someone does give then try to get their contact details (need their permission & be clear on why you want it – GDPR) and keep in touch. Perhaps send out an initial thank you and then follow that up with an occasional good news story? The aim in all of these suggestions are to try to develop relationships with supporters.

#### **Corporate / Business Giving**

This could be through one off gifts, regular standing orders or as a result of sponsored events. If you speak to a new group of people then this needs to be a part of your "ask" with some easy literature available including standing order and gift aid forms. Every individual who does give should be invited to complete a gift aid form.

When someone does give then try to get their contact details (need their permission & be clear on why you want it – GDPR) and keep in touch. Perhaps send out an initial thank you and then follow that up with an occasional good news story? The aim in all of these suggestions are to try to develop relationships with supporters.

#### Giving from the Website

Giving needs to be made as easy as possible and that includes giving from the website. It is worth setting this up and perhaps adding a link to it from all emails.

#### **Local Council**

Despite the austerity cuts the Council can still sometimes be a source of income. As always relationships are the key. Remember there are two sides to a local Council – the elected members (Councillors) and the employed officers. Both are important and worth getting to know. Local Councillors should be able to let you know who the key people are to contact. Again, share stats and stories with them. Invite them out to visit and to get a feel for your work.

#### **Social Housing Providers**

Social Housing Providers may be able to give grants and/or commission debt advice. Perhaps try to set up a meeting with their Chief Exec or a senior manager. If that is not possible, they will probably put you in touch with someone else. Go with all the stats of how many of their tenants you are supporting, how much of their debt has been written off etc.

If after reading this you have questions or need any help, then feel free to contact bccharitydevelopment@gmail.com

We have also have a blog series on our website by Julia Miller about "Good Practice in Fundraising" at

commission.global/socialaction

## Guide to building community outinessaips The state of t

#### Find out what is and isn't working in your community

Gaining a diverse view of strengths and needs in the community around you is vital. None of us "Know what we don't know", so it's important to ask others outside of our own immediate church community what in their view is missing.

#### Here are some ways of doing that:

- Carry out a Community audit
- Survey and ask local charities where there are needs not being met
- Ask your local authority or local Councillors about what they see the needs are for the community
- Ask other churches in similar types of areas (you could use this directory)
- · Ask the police
- Keep an eye on the local news

#### Be clear who will be offering this ministry/service

- Is it a recognised church group or group of churches?
- Is it a charity or some other incorporated concern, or a new charity to be set up? What will be the identity of the charity?

#### Local funding (see page 31 for more)

- Ask the local council if there are grants available. If it is of benefit to them, would a statutory body be interested in supporting your service?
- Is an application to the Police & Crime Commissioner applicable (Community safety)?
- · Look for other local bodies that offer funding advice and guidance

#### What are others already doing elsewhere?

- Are there similar ministries elsewhere in Commission that we can learn from?
   Check out the churches and projects directories in this guide.
- Are there any in the secular world that we can learn from?
- Check the Jubilee+ website for information and resources <u>www.jubilee-plus.org</u>

#### Types of partnerships

- Partnership with a national charity with a set way of working e.g. CAP, or a more loose association.
- Partnership with a group of local churches or like-minded groups
- Partnering in the sense of offering church facilities or resources to other organisations, such as the Ambulance service (a place for refreshment breaks) etc.

#### Local committees and groups to be part of

- Local partnerships and committees (Council, Job Centre Plus, Social workers, Surestart, Education, Health, Faith Communities etc.) Representatives sometimes have lunchtime meetings together in the community.
- Any of the projects active in your area, especially ones relevant to the work you hope to do.

#### **General tips**

- Be persistent
- · Go to boring meetings and get known
- Make it personal, build friendships, share your heart and your vision
- Invite other organisations and representatives (e.g. Age UK, the local homeless prevention officer) into your current activities; for example, a foodbank session.
- Pray for the local authority staff, councillors and other public service personnel
- Appoint an Outreach Co-ordinator to build relationships with the council and other organisations (this could be a volunteer, possibly someone who is retired from local government)

# Guide to policies and the governmence

#### Some questions to consider when setting up a project

For those Commission churches who are seeking to become more involved with social action/justice projects it may be worth spending a few moments thinking about what legal structure is appropriate for your project. You may like to consider:

- 1. Is your current Church Charitable Trust the best vehicle for carrying out social your action/justice project(s)?
- 2. Are there other local bodies (churches, charities or community associations) that you could partner with, or support rather than start your own project?
- 3. Would a charitable unincorporated 'community association' be sufficient, e.g. a neighbourhood meeting for local older people in the community centre, run by a committee?
- 4. Does the church want to create a separate legal entity, but also retain a close alignment (organisational; spiritual; doctrinal)? There are ways of doing so, e.g. shared directors/trustees.
- 5. Could there be a financial or legal liability, or a reputational risk, should the social action/justice project get into difficulty if it is legally part of the Church?
- 6. Does the work need the freedom to apply for grants and funding to support social action/justice projects that would not normally favour a church-based charity?
- 7. Are you planning to employ people; own, lease or rent buildings? If so, a separate legal identity can be helpful in managing risk, liability, and sustainability, and providing an unwavering focus.
- 8. If your social action/justice project is to employ people, will this complicate the church's payroll and its personnel systems including pension arrangements if it remains part of the Church Charitable Trust?
- 9. Are there any new insurances that need to be taken out for your social action/justice project? For example, if the project is making items to sell does it need a Products Liability policy?

10. If the social action/justice project remains as part of the church does it need a separate accounting system?

These are just a few questions and it will depend of the nature of the social action/justice project. For example, it may be easier for a church to run a foodbank as part of the church's activities (providing the 'aims and objectives' of the church trust are broad enough to include the project), but a project making wood products and selling them to the public and to businesses may need a separate charity.

There are several different types of charities. For example: a Charitable Incorporated Organisation (CIO); a Community Interest Company; a charitable unincorporated association; and a Trust. (see <a href="https://www.thirdsector.co.uk">www.thirdsector.co.uk</a> article "Is the CIO structure right for you? 15th March 2018; <a href="https://www.makeanimpactcic.co.uk">www.makeanimpactcic.co.uk</a>

A CIO is the new form of charity and it is free to register but there is a twenty-week waiting time for applications to be looked at. Also there quite a lot of work needed to put an application together but it has the advantage that you only need to be registered with the Charity Commission and you are not required to register or deal with Companies House.

However, the most important thing is to get professional advice.

Authors: Bryan Cross and Peter Lyndon



#### Policy and governance resources

Each policy should include a date for regular review, and seek to encourage best practice and improvement in the sector.

The Commission **Digital Resource Hub** has a number of downloadable policy templates which can be adapted locally. This can be accessed through the Commission website.

Policy area	Explanation	Useful sources
1. Governance	An appropriate structure is in place clearly outlining the aims and rules governing the organisation, including legal and financial.  At early stage, the project will probably form part of the church's current governance structure, normally a Registered Charity.  The project should be accountable to and receive regular reviews/support from the trustees.  As the project grows, especially in terms of needing staff or its own property and fundraising, then a separate structure may be beneficial. The links provide a summary of different structures.	www.resourcecentre. org.uk/information/ legal-structures-for-com- munity-and-volun- tary-groups/#consider  www.ncvo.org.uk/practi- cal-support/information/ governance  www.gov.uk/govern- ment/organisations/ charity-commission
2. Business/ project plan	Set out the aims/objectives and define the project in a business or project plan. Should cover who, why, when, where and how.  Useful to collate ideas and to get trustees, project team and funders to understand the scope of the project and related issues – benefits, funding, risks.	www.knowhow.ncvo.org. uk/your-team/your-de- velopment/professional/ projectman

Policy area	Explanation	Useful sources
3. Finance	Appropriately audited accounts in line with governance structure.	www.resourcecentre. org.uk/information/ charity-reporting-and-ac- counts
4. Equalities and diversity	Operate and monitor an equalities policy and programme in relation to employees, service users, volunteers and trustees consistent with current equalities law.	www.resourcecentre. org.uk/information/ charity-reporting-and-ac- counts  https://knowhow.ncvo. org.uk/your-team/volun- teers/recruiting/equali- ty-and-diversity
5. Employment and Human Resources	Suitable policies and procedures for personnel matters need to be in place, including for volunteers.	www.resourcecentre. org.uk/information- category/making- your-group-work-well/ managing-staff-and- volunteers  www.acas.org.uk

Policy area	Explanation	Useful sources
6. Insurance	Appropriate insurance cover should be in place.	www.resourcecentre.org. uk/information/public-li- ability
7. Service User Involvement and Participation	Collate appropriate qualitative and quantitative information for the purpose of monitoring and evaluating performance, including equalities. Useful in reporting to trustees and funding organisations	See 8
8. Monitoring and evaluation (linked to 7 above)	Collate appropriate qualitative and quantitative information for the purpose of monitoring and evaluating performance, including equalities. Useful in reporting to trustees and funding organisations	www.resourcecentre. org.uk/information- category/making- your-group-work-well/ monitoring-and-evaluation
9. Information sharing	Need to have a clear information sharing policy in place, taking into account Data Protection/GDPR, confidentiality and safeguarding issues.	www.ico.org.uk/for- organisations/guide- to-data-protection/ guide-to-the-general- data-protection- regulation-gdpr
		www.resourcecentre. org.uk/information/ data-protection-for- community-groups

Policy area	Explanation	Useful sources
10. Health and safety	Meet the legal requirements under current Health and Safety regulations. In particular, obligations covering employees, volunteers and members of the public and buildings will be met, for example:  Risk assessments  Lone workers  Project definition – do's and don't	www.hse.gov.uk/guid- ance/index.htm  www.resourcecentre.org. uk/information/health- and-safety  www.resourcecentre.org. uk/information/risk-as- sessments
11. Safeguarding (linked to 9 above)	Need to cover adults and children – in church and community/market place. Vital that it is in line with national policies and local requirements/reporting procedures set by the Local Authority and Police.	www.thirtyoneeight.org  www.ncpqsw.com/ publications/safeguard- ing-framework-for-chris- tian-faith-contexts  Local Safeguarding Boards – multi-agency normally includes at least the Local Authority and the Police.



## Training Courses

The following pages outline a variety of training courses and workshops that are available for Commission churches.

These are delivered by expert practitioners from within our church family. These courses are available on request and are not part of the Commission event programme. You could consider arranging one of these through your Hub or Cluster.

For courses produced and delivered by enabling charities, such as Community Money Advice, see the Directory of Helpful Organisations for contact details.



#### **Addiction Awareness**

#### Speaker/facilitator

Steve & Dee Masters

#### Topic:

What is addiction?

#### **Key Message:**

Theories of addiction, what can we be addicted to, steps in addiction, effects of addiction, recovery.

#### Length of sessions:

One day of three sessions.

#### **Key audience:**

Church leaders, prospective and actual ministry leaders.

Anyone carrying responsibility for social justice, social action, or community engagement projects in the local church.

#### Cost:

Expenses plus £175

#### **Availability:**

Three times a year.

Could be linked to supporting people and mentoring.

#### **Contact:**

## Building well, avoiding burnout

#### Speaker/facilitator

Peter Lyndon

#### Topic:

Starting and sustaining church based social actions projects

#### **Key Message:**

Laying good foundations, diligent planning, and good supervision are key.

#### Length/ type of session:

Originally delivered as one 75 minute seminar.

Ideally delivered as a three x one hour course.

#### **Key audience:**

Church leaders, prospective and actual ministry leaders

Anyone carrying responsibility for social justice, social action, or community engagement projects in the local church.

#### Cost:

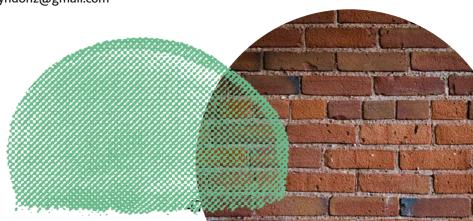
Expenses (at this stage)

#### **Availability:**

Once a year

Could be linked to "Ministry Supervision" as an expanded course.

#### **Contact:**



#### **Doctrine of Social Justice**

#### Speaker/facilitator

Peter Lyndon

#### **Topic:**

Doctrine of Social Justice

#### **Key Message:**

Social Justice - Biblically, how does God expect me to relate to my neighbour (and who is my neighbour)?

## Length/ type of session: One session of 90 minutes

#### **Key audience:**

Anyone desiring biblical clarity about Christian thought and conduct

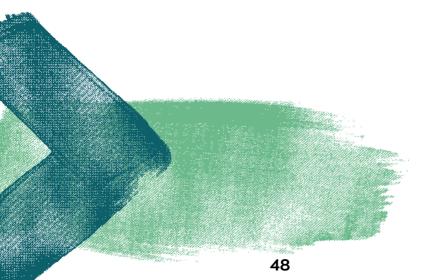
#### Cost:

Expenses (at this stage)

#### **Availability:**

TBC

#### **Contact:**



#### **Mental Health Awareness**

#### Speaker/facilitator

Elizabeth Green and Dawn Holmes

#### **Topic:**

Mental Health and the Church

#### **Key Message:**

- Creating a culture of loving resilience in our church where mental health is understood so members and visitors are supported with their mental health needs.
- What is mental health?
- What is mental ill health?
- Intro to depression (inc video, brainstorm symptoms and scenario discussion)
- Intro to anxiety (inc video, brainstorm symptoms and scenario discussion)
- Intro to psychosis (inc video and q&a)
- Intro to eating disorders (inc video and personal story)
- Look at self harm (inc video and brainstorm what counts as self harm)
- Look at suicidal thoughts (inc myths and what to do to support someone)
- Church scenarios (discussion topics for churches on accessibility, teamwork, serving and praying)
- Caring for the carers
- · Looking after yourself and your own mental wellbeing
- Reflect on the day and what could be done differently

#### Length/ type of session:

3 one day sessions per year. (Option of shorter seminars or focus groups to address specific issues, frequency by negotiation with facilitators.)

#### Key audience:

Church leadership, pastoral and prayer teams plus others identified by the church

#### Cost:

£249 for full day workshop with 2 facilitators plus travel costs. Includes up to 30 delegate packs (printed by Commission)

Tailored seminars and focus groups by negotiation.

#### **Availability:**

Elizabeth Green - elizabethjoygreen@gmail.com Dawn Holmes - freedfromshame@outlook.com

#### **Contact:**

### Mentoring

#### Speaker/facilitator

Steve & Dee Masters

#### Topic:

Being a mentor

#### **Key Message:**

Developing listening skills, supporting people through mentoring

#### Length/ type of session:

One day of three sessions.

#### **Key audience:**

Leaders and volunteers of social action projects

Anyone carrying responsibility for social justice, social action, or community engagement projects in the local church.

Pastoral team volunteers

#### Cost:

Expenses plus £175

#### **Availability:**

Twice a year

Could be linked to Supporting people

#### **Contact:**



## Ministry health check

#### Speaker/facilitator

Miles Jarvis

#### **Topic:**

Ministry Health Check

#### **Key Message:**

Doubtless your church is running a number of ministries - but how well are they doing?

The Ministry Health Check is a workshop that:

- Benchmarks ministry against a series of good practice indicators
- Identifies areas of strength and weakness, and provides a snapshot of the 'health' of the ministry
- Develops fuller understanding of ministry
- Gives an opportunity for whole team to be involved
- Develops an action plan for future

#### Length/ type of session:

One full day required (minimum)

#### **Key audience:**

Full team involved in delivering the ministry including overseeing leader/elder

#### Cost:

**Expenses** 

#### **Contact:**

office@commission.global / 01202 612130



## **Ministry Supervision**

#### Speaker/facilitator

Peter Lyndon

#### Topic:

Supervision, development and support for ministry leaders

#### **Key Message:**

Everyone carrying responsibility for leading ministries needs support, development, and accountability. They in turn learn how to provide these for those accountable to them.

#### Length/ type of session:

5x I hour group sessions, so a one day course; or five evening seminars. Could be flexible to accommodate tighter timetables.

#### **Key audience:**

Designed for those leading or overseeing ministries, social action projects, or for teams of people carrying responsibility, e.g. the elder responsible for social action, the ministry leader, and his team leaders.

#### Cost:

Expenses (at this stage)

#### **Availability:**

Once a year

Could be linked to "Building Well, Avoiding Burnout" as an expanded course

#### **Contact:**

### Mobilising, managing, and maintaining volunteers

## Speaker/facilitator Pete and Sue Lyndon

#### Topic:

How to recruit volunteers, build team, and sustain motivation effectively

#### **Key Message:**

An outline with examples from lived experience of how to recruit and retain volunteers.

#### Length/ type of session:

Currently one teaching session of 90 minutes including Q&A

#### **Key audience:**

Anyone planning social action projects, church and ministry leaders

#### Cost:

Expenses (at this stage)

#### **Availability:**

Once a year

Could be linked to "Ministry Supervision" as an expanded course.

#### **Contact:**



## Supporting people

#### Speaker/facilitator

Steve & Dee Masters

#### Topic:

Providing support for people in the community

#### **Key Message:**

Knowing Jesus, knowing yourself, knowing others

#### Length/ type of session:

3 sessions over one day.

Biblical basis, basic mentoring, helping skills, active listening, dilemmas

#### **Key audience:**

Volunteers and leaders of social action projects.

Introduction for people considering a project.

#### Cost:

Expenses plus £175 (30 people maximum)

#### **Availability:**

3 times a year

Could be linked to the Mentoring training day

#### **Contact:**

#### Vision to action

#### Speaker/facilitator

Steve & Dee Masters

#### **Topic:**

Starting church based social actions projects

#### **Key Message:**

Pray, scope, start.

#### Length/ type of session:

One day of three sessions.

Guidance, gifts, character, self-care, planning and preparation, team.

#### **Key audience:**

Prospective project leaders and volunteers.

#### Cost:

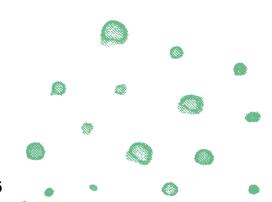
Expenses plus £175

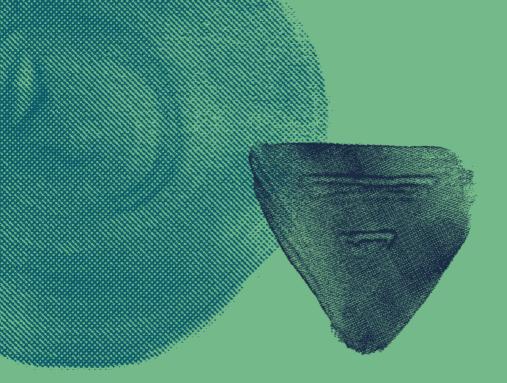
#### **Availability:**

Twice a year

Could be linked to other training days.

#### **Contact:**





Commission is part of the Newfrontiers global network of churches.

www.commission.global office@commission.global

